Perceptions and Attitude Towards PE and Treatment Seeking Behaviour: The Results of Scope (Sexual Concerns On Premature Ejaculation)

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Objective:

To identify the level of knowledge on PE and the treatment seeking behavior of population in a socio-economically diverse nation in Asia.

Methods:

Subjects from both urological and non-urological clinics are recruited to complete non-validated part questionnaires on their perception towards PE and the treatment modalities. The age, gender, income and economic backgrounds were identified.
Results:

• 77% believed PE is common and 61% consider it to be a medical condition.
• More than 80% of the respondents agree PE has an negative impact on life.
• 33% find it difficult to discuss issues of PE and 28% would avoid the discussion mainly due to embarrassment (42%).
• More than 90% would discuss the dysfunction with their doctors and 80% would accept medicine as the first line treatment.
Conclusion:

• Poor treatment seeking behavior may result as sexual dysfunction is a taboo subject in many Asian cultures.

• Although being aware that PE has a negative impact on life quality, many feel embarrassed and have difficulties discussing about PE.

• Sub-analysis of the population studied may ensure targeted patient educations for clinicians.